

SUMMER 2022

# THE HONEST TOOTH

NEWS FROM YOUR DENTAL CARE EXPERTS



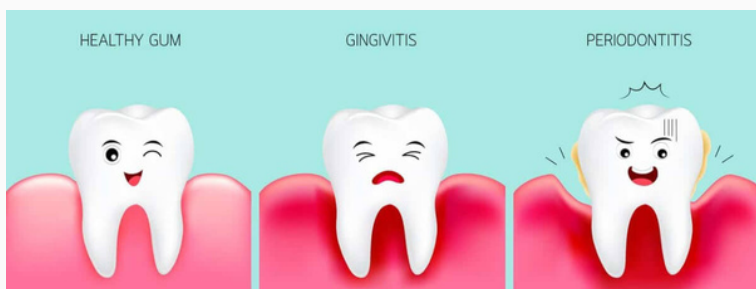
## What is All the Fuss about Gum Disease?

BY THE SMILES FOR LIFE TEAM

Everyone has heard about gum disease, but do you know what it is and why it's important to treat? The official name for gum disease is periodontal disease or perio for short. Perio is an infection that causes the loss of the bone that surrounds and supports the teeth. This bacteria that causes the infection creates harmful toxins that can enter your bloodstream and travel to other areas of your body, which increases the risk of stroke, heart attack, and diabetes. The bottom line is periodontal disease is caused by bacteria that live in the plaque and tarter on our teeth. However, certain factors can put you more at risk for developing periodontal disease, such as smoking, diabetes, poor homecare, recreational drugs and other health factors.

Perio can be treated but not cured. It is typically treated with a deep cleaning that includes antibacterial medication where the harmful bacteria and tarter is removed from beneath the gum. During periodontal therapy, we may also prescribe an antibiotic to help prevent the progression of the disease. If untreated you might experience tooth loss, greater risk of stroke or heart attack, uncontrolled diabetes, and women may have premature babies. Recent studies have also shown a direct link between Alzheimer's and periodontal disease.

Thankfully, our Hygienists are highly trained, so they can treat the disease and help you keep your oral hygiene at an ideal level. They are available to answer all of your questions and make various recommendations that can improve your oral and whole body health.



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## Find us on social media!

Modento: Smiles for Life

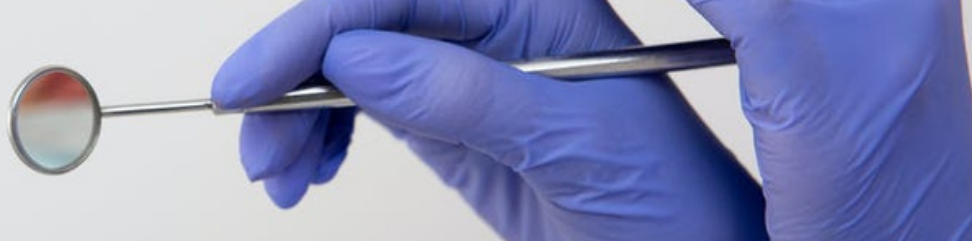
Twitter: @SmilesforLifeVA

Tik Tok: @smilesforlifedentalva

Facebook: @SmilesForLifeOnline

Instagram: @smilesforlifedentalva





## 2022's Patient Appreciation Picnic

BY THE SMILES FOR LIFE TEAM

On May 20th we had our second annual Patient Appreciation Picnic, and it was a blast! The craft table and the cotton candy were big hits this year. Unfortunately, the goats did not want to participate with us, so the goats didn't get many pets. Tara K said her favorite part of the picnic was "spending time with my daughter making her first bracelet". She had so much fun and is so excited to make another one. We missed everyone who couldn't make it, but we can't wait to do it again next year!



## Smiles for Life Whitening

BY THE SMILES FOR LIFE TEAM

Thanks to you, our incredible patients, we have hit our whitening goal every month since we began the campaign. This means that the kiddos at the Helping Haitian Angels orphanage will get help they really need. This means everything to us because our goal is to always go beyond the smile and standard dentistry. We want to help everyone that we can, and with your help, that has become possible. We can't wait to set a higher goal next year and break it again with your help!



What is a dentists  
favorite kind of  
dinosaur?  
A floss-iraptor!

"Bone is King!"

-BECKY MCINTYRE  
OFFICE MANAGER

Did you know that  
snails have over  
14,000 teeth in  
their little mouth?







# Upcoming Dates

September 5th

Office Closed Labor Day

September 16th

Bridgewater Patient

Appreciation Picnic from

5:30pm-7:30pm at Oakdale Park

November 23rd-24th

Office Closed for Thanksgiving

December 1st

Both Office Closes at 4pm for

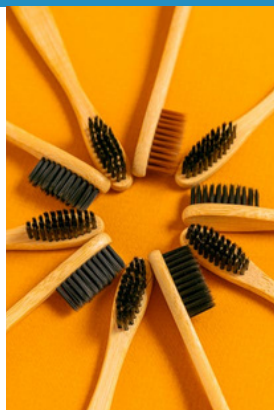
our team Christmas Party

December 23rd-January 3rd

Both Offices are Closed for

Christmas Break

Did you know that dental implants can help reduce bone loss?



**EARN POINTS  
THROUGH THE  
MODENTO APP**



## Laura's Success Story

BY LAURA B 2022

"I can not only chew a steak but I can smile during dinner! I never thought I would have both the function of chewing and an aesthetically pleasing smile restored in the same procedure but it happened at Smiles for Life. Dr. McIntyre and his amazing staff carefully guided me through the implant process to success and I couldn't be happier with my results! Dr. McIntyre placed all my implants perfectly and the fit is completely natural plus caring for my new smile is easy with the water pic supplied by the office."



**Before**

**After**

At Smiles for Life we offer a wide range of treatments from cosmetic to restorative and almost everything else in-between. We have no obligation consultations available and we are accepting new patients at both locations. Do you or someone you know need new teeth or work done on your current teeth? Give us a call, and we can't wait to see you!

## Why Custom Mouth Guards?

BY THE SMILES FOR LIFE TEAM

Custom mouth guards are great because they address grinding and clenching, which can lead to jaw soreness. along with your teeth chipping, breaking and wearing away. Custom mouth guards fit your mouth much better than store bought ones that you would boil because they are made from a mold of your actual teeth. The great news is that we can make custom mouth guards to protect your teeth.



Here, at Smiles for Life we can make your custom mouth guard here at our office or send it to lab - depending on which is best for your situation. If you are experiencing sore jaws or excessive wear/chipping of your teeth, you may greatly benefit from a mouth guard. Ask your doctor and hygienist about getting one at your next appointment!



Dr. Whiting, & Associates  
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## May's Cavity Free Kids Club

BY THE SMILES FOR LIFE TEAM

Cavity Free Kids Club is how we celebrate children who come in with no cavities. It's been great to see all of their smiling faces on our bulletin board and know-how accomplished they are. Once a year we do a small party to honor their awesome work, and next year we are planning to have another one. Below are a few of the kiddos from May who exemplify good oral health and joined the Cavity Free Kids Club. If you know them, make sure you tell them good job! If you would like to schedule an appointment for your child so they can join the club please call our offices, and we will happily get them scheduled.

Featured are a few kiddos from this May's Cavity Free Kids Club.



## We Go the Extra Smile!

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540-828-2312



Smiles for Life Staunton  
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### Review Us!

